



Waiver Reimagine Advisory Committee

Meeting 6: December 15, 2022

Welcome!

Facilitator Lea

Agenda

Agenda	Time(total time: 3.5 hours)
Welcome/Agenda/DHS updates	10 minutes
Policy development-services by waiver	80 minutes
Break	10 minutes
Policy development-services by waiver	45 minutes
Break	10 minutes
Policy development-services by waiver	50 minutes
Meeting Wrap up	5 minutes

Captions and meeting objectives

Live captions: <https://www.streamtext.net/player?event=WRAC>

For WRAC members:

- ✓ Review waiver service definitions
- ✓ Provide feedback on which services should belong under which waiver

✓ For DHS staff:

- ✓ Provide context on topics for discussion
- ✓ Listen to responses
- ✓ Answer questions and note follow up

October Meeting Recap

- The October WRAC meeting was a learning session for members about the budget development process, with a look toward future development work for the committee.
 - Members had time to ask questions at the end of the meeting to clarify their learnings
- The after-meeting evaluation was sent out asking members about their remaining questions and if they would like to have another meeting for questions.
 - DHS received limited interest from members wanting to have more time for questions. Given the small number of members with questions, DHS has been working to meet with each person individually to address their remaining questions and concerns.

DHS Updates

- WRAC membership update
- 2023 WRAC Work Plan
- 2023 Waiver Reimagine Communication Plan

Month/Year	Policy Topic
February 2023	Service mixes and rates
April 2023	Services in a 2-waiver system continued.
June 2023	• Budget exceptions proposal • Rate exceptions • CDCS exceptions
August 2023	• Finalize policy recommendations for services by waiver • Expanding self-directed services
October 2023	Budget and policy communication Traditional vs. CDCS
December 2023	Expanding self-directed services continued

2023 Waiver Reimagine Communication Plan

To provide timely, regular and relevant information to engage, inform and hear from our stakeholders....

What

- To share WRAC recommendations
- To share new waiver service planning resources
- To seek input on self-directed services by waiver

Who

- Broad community of People/ Families/ Advocates

How

- 3-4 Virtual events; 3-4 Surveys; 3-4 HUB VIP engagements opportunities

Policy Development - Services by Waiver

Policy discussion instructions

- DHS will describe a service - approx. 1 min per service
- WRAC will have 5 minutes for Q & A related to the service described (in chat/raising hand)
- As we open for questions, think about which waiver the service should be available under: Waiver 1 (for people living in their own home or family home) or Waiver 2 (for people living in provider-managed residential settings)

The services planned for the first round of policy discussion include:

24-hour emergency assistance, Adult day services, Assistive technology, Chore services, Crisis respite, Day support services and Environmental accessibility adaptations

Brief explanation of navigating the Community Based Services Manual (CBSM)

- The Community Based Services Manual, or CBSM, is where all policy related to the service is maintained. While it is written for a lead agency audience it is a publicly available resource.

One way to navigate to services:

- CBSM (https://www.dhs.state.mn.us/ID_000402)
- Select "A to Z" from the Table of contents menu on the left-hand side of page
- Redirected to an index by service. Either click on the alpha letter across the top or scroll through to find service. The alpha letter will jump you down to that section of the page.

24- Hour Emergency Assistance

- 24-hour emergency assistance includes on-call counseling and problem solving and/or immediate response for assistance at a person's home due to a health or personal emergency.
- Covered service includes immediate response for in-person staff to a person's home, on-call counseling/problem solving and purchase and ongoing monitoring expenses for personal emergency response systems.
- A person can receive 24-hour emergency assistance if they live in their own home or live with a primary caregiver and does not receive 24-hour supervision.

24-Hour Emergency Assistance - Continued

1) Pre-meeting feedback

Waiver 1- 4 recommendations

Waiver 2- 0 recommendations

Both- 7 recommendations

Other- None

2) Open up for Q & A

Adult Day Services

- Adult day services include individual activities designed to meet the health and social needs of a person aged 18 years or older outside of their home during the day.
- Adult day services includes the delivery of supervision, care, assistance, training and activities directed toward meeting outcomes in their support plan.
- Adult day is provided in a licensed adult day center or licensed family residential settings (called family adult day services).

Adult Day Services - Continued

1) Pre-meeting feedback

Waiver 1- 0 recommendations

Waiver 2- 0 recommendations

Both- 11 recommendations

Other- None

2) Open up for Q & A

- Assistive technology includes devices, equipment or a combination of both that improve the person's ability to communicate in the community, control or access their environment or perform activities of daily living.
- Assistive technology also covers assessment of the person's need for assistive devices, including software.

Assistive Technology Services - Continued

1) Pre-meeting feedback

Waiver 1- 0 recommendations

Waiver 2- 0 recommendations

Both- 11 recommendations

Other- None

2) Open up for Q & A

Chore Services

- Chore services include assistance provided to a person or their primary caregiver to help maintain a clean, sanitary and safe environment. The person must live in their own home or their primary caregiver's home.
- Examples of what is covered under chore services:
 - Dumpster rental
 - General indoor and outdoor home maintenance (e.g., lawn care, snow removal)
 - Grocery delivery
 - Heavy household chores (e.g., securing loose rugs, washing floors, windows and walls)

Chore Services - Continued

1) Pre-meeting feedback

Waiver 1- 6 recommendations

Waiver 2- 1 recommendation

Both- 4 recommendations

Other- None

2) Open up for Q & A

- Crisis respite services are short-term behavioral or medical intervention services to protect the person or others living with them and provide relief and support to the caregiver. Crisis respite can be provided in-home or out-of-home.
- A person may receive crisis respite when caregivers and service providers cannot provide necessary behavioral or medical intervention and protection of the person or others living with them.

Crisis Respite - Continued

1) Pre-meeting feedback

Waiver 1- 2 recommendations

Waiver 2- 1 recommendation

Both- 8 recommendations

Other- None

2) Open up for Q & A

Day Support Services

- Day support services teach and develop essential and personally enriching life skills that support a person's community relationships, involvement and inclusion.
- A person may receive day support services outside of their home or public settings in the community.

Day Support Services -Continued

1) Pre-meeting feedback

Waiver 1- 0 recommendations

Waiver 2- 0 recommendations

Both- 11 recommendations

Other- None

2) Open up for Q & A

Environmental Accessibility Adaptations

- Environmental Accessibility Adaptations (EAA) are physical adaptations to a person's primary home or primary vehicle to ensure the person's health and safety or enable them to function with greater independence.
 - Examples include ramps, widening doorways in the home, or adding hand pedals to a vehicle.
- Environmental Accessibility Adaptations (EAA) includes assessments and installations of home and vehicle modifications.

Environmental Accessibility Adaptations-Continued

1) Pre-meeting feedback

Waiver 1- 1 recommendation

Waiver 2- 1 recommendation

Both- 9 recommendations

Other-

2) Open up for Q & A

WRAC feedback

- When you are called on, please be prepared to share your recommendations on which waiver each of the 7 services described should be available under Waiver 1, Waiver 2 or Both
- Use information from the pre-meeting feedback form you submitted and discussion today to build your recommendation
- Each person will have approx. 1 min to share their individual recommendations

Waiver Service	Waiver 1	Waiver 2	Both
24-hour EA			
Adult day services			
Assistive technology			
Chore services			
Crisis respite			
Day support services			
EAA			

Stay tuned.... The WRAC is taking a 10-minute break.

When we come back, the WRAC will go through the same discussion, Q and A and recommendation building process for the following services:

- Employment development, exploration and support services
- Family training and counseling
- Home-delivered meals
- Homemaker
- Independent living skills (ILS) therapies

Summary of group feedback

Waiver Service	Waiver 1	Waiver 2	Both
24-hour EA			
Adult day services			
Assistive technology			
Chore services			
Crisis respite			
Day support services			
EAA			

Brief explanation of navigating the Community Based Services Manual (CBSM)

- Again, you can navigate the CBSM for service details regarding the next set of services Employment development services, Employment exploration services, Employment support services, Family training and counseling, Home-delivered meals, Homemaker and Independent living skills (ILS) therapies.
- The Community Based Services Manual, or CBSM, is where all policy related to the service is maintained. While it is written for a lead agency audience it is a publicly available resource

One way to navigate to services:

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Employment Development Services

- Employment development services are individualized services designed to help a person achieve competitive, integrated employment, become self-employed or establish a microenterprise business in their community.
- A person can receive both employment development services and employment support services if they seek other competitive integrated employment opportunities while currently employed.

Employment Development Services - Continued

1) Pre-meeting feedback

Waiver 1- 0 recommendations

Waiver 2- 0 recommendations

Both- 11 recommendations

Other- None

2) Open up for Q & A

Employment Exploration Services

- Employment exploration services help a person gain a better understanding of competitive, integrated employment opportunities in their community. Exploration activities and experiences strengthen a person's knowledge, interests and preferences so they can make informed decisions about competitive employment.
- Employment exploration services are time-limited and should end after a maximum of 12 months following the initial authorization of the services. In some circumstances, a person might need to receive continued employment exploration services after 12 months.

Employment Exploration Services - Continued

1) Pre-meeting feedback

Waiver 1- 0 recommendations

Waiver 2- 0 recommendations

Both- 11 recommendations

Other- None

2) Open up for Q & A

Employment Support Services

- Employment support services are individualized services and supports that help people maintain paid employment in community businesses/settings.
- Employment support services occur in integrated community settings.
- Employment support services consist of both job support services and self-employment/microenterprise support services.
- Employment support services should involve opportunities and experiences for the people receiving the services to interact meaningfully with both coworkers and people in the community without disabilities.

Employment Support Services - Continued

1) Pre-meeting feedback

Waiver 1- 0 recommendations

Waiver 2- 0 recommendations

Both- 11 recommendations

Other- None

2) Open up for Q & A

Family Training and Counseling

- Family training and counseling are professional services that provide instruction and guidance to the person and/or their family.
- The family training service covers training by qualified professionals, training through classes, courses or conferences and person-centered planning facilitation.
- The family counseling service may include counseling from a qualified provider for a person and/or their family members in areas such as communication techniques, family roles and problem solving.

Family Training and Counseling - Continued

1) Pre-meeting feedback

Waiver 1- 4 recommendations

Waiver 2- 0 recommendations

Both- 7 recommendations

Other- None

2) Open up for Q & A

Home Delivered Meals

- Home delivered meals are nutritionally balanced meals delivered to a person's home.
- Home delivered meals can be provided to people living in provider managed Customized Living or Integrated Community Support settings.
- Home delivered meals cannot be provided to people living in provider managed Community Residential Service settings or Family Residential service settings, as it would be a duplication of services.

Home Delivered Meals - Continued

1) Pre-meeting feedback

Waiver 1- 6 recommendations

Waiver 2- 0 recommendations

Both- 5 recommendations

Other- None

2) Open up for Q & A

Homemaker

- Homemaker services help a person manage general cleaning and household activities. There are three homemaker services: cleaning, home management and assistance with activities of daily living (ADLs).
- A person may receive homemaker services when either the person is unable to manage the general cleaning or household activities or their primary caregiver who is regularly responsible for these activities is unable to manage them or is temporarily absent.
- All levels of homemaker services can be provided to people living in provider managed Customized Living or Integrated Community Support settings.
- All levels of homemaker services cannot be provided to people living in provider managed Community Residential Service settings or Family Residential service settings, as it would be a duplication of services.

Homemaker - Continued

1) Pre-meeting feedback

Waiver 1- 1 recommendations

Waiver 2- 0 recommendations

Both- 10 recommendations

Other- None

2) Open up for Q & A

Independent Living Skills - Therapies

- Independent Living Skills (ILS) therapies include art, music or recreational therapies with specific therapeutic goals and outcomes.
- A person may receive ILS therapies in their home (own home, family home or provider managed home) or in the community (includes a provider office).

ILS Therapies - Continued

1) Pre-meeting feedback

Waiver 1- 2 recommendations

Waiver 2- 0 recommendations

Both- 9 recommendations

Other- None

2) Open up for Q & A

Stay tuned.... The WRAC is taking a 10-minute break.

When we come back, the WRAC will share their recommendations on which waiver each of the 7 services previously described should be available under.

WRAC feedback

- When you are called on, please be prepared to share your recommendations on which waiver each of the 7 services described should be available under Waiver 1, Waiver 2 or both
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Waiver Service	Waiver 1	Waiver 2	Both
Employment dev't			
Employment exploration			
Employment support			
Family trng/counsel			
Home-delivered meals			
Homemaker			
ILS therapies			

Summary of group feedback

Waiver Service	Waiver 1	Waiver 2	Both
Employment Dev't			
Employment exploration			
Employment support			
Family trng/counsel			
Home-delivered meals			
Homemaker			
(ILS) therapies			

Summary of group feedback-cont..

Waiver Service	Waiver 1	Waiver 2	Both
24-hour EA			
Adult day services			
Assistive technology			
Chore services			
Crisis respite			
Day support services			
EAA			

Next steps:

- We will document input in meeting notes and send to WRAC members for reference.
- We will discuss remaining services using the same process we used today.
- We will finalize policy recommendations related to services by waiver.

Questions

- Questions that came in via chat will be captured from today's meeting and responded to individually and to the WRAC in summary (via email and FAQs).
- WRAC members can also submit questions via email to: waiver.reimagine@state.mn.us.
- There will be an evaluation survey sent out shortly after the meeting, which will have space to capture questions.

Reminders and future meeting

- Reimbursement forms
- Next meeting:
 - Thursday, February 23, 2022
 - Topic: Service mixes and rates
 - Meeting time: 10:00 am-12:00 pm

Thank You!

Waiver.reimagine@state.mn.us