

## Certified Community Behavioral Health Clinics

Certified Community Behavioral Health Clinics (CCBHC) are community clinics that offer integrated mental health and substance use disorder services as well as a range of other services. CCBHCs provide outreach, increase access, improve services, and serve as a “one-stop-shop” to those who are currently underserved.

### About CCBHC

Navigating mental health and substance use disorder systems can be difficult. Typically, a person with a mental illness will need to contact several different agencies to obtain a different level of care, and rarely can someone obtain both mental health and substance use disorder treatment through the same agency.

CCBHCs improve the way Minnesotans access mental health and substance use disorder treatment by creating a model of community clinics that provide comprehensive, coordinated and integrated care to children and adults with complex mental illness and substance use disorder.

This high level of care coordination and partnerships between providers, social services agencies, counties and other key stakeholders increases the likelihood that care will be received before a person enters into crisis, lessening the burden on emergency rooms, law enforcement and families.

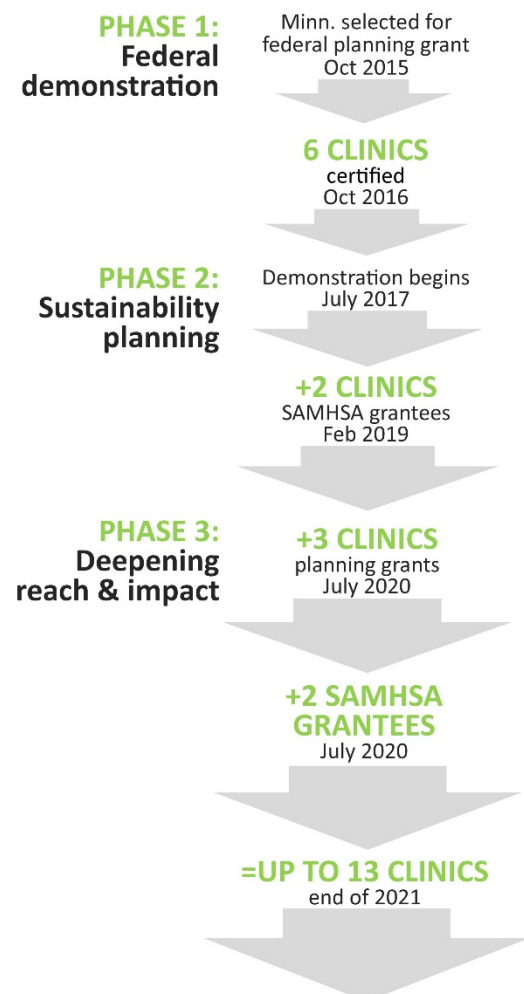
### Integrated care

People who use CCBHCs may receive:

- Outpatient mental health and substance use services
- Primary care screening and monitoring
- Screening, assessment and diagnosis, including risk management
- Psychiatric rehabilitation services
- Crisis mental health services, including 24-hour mobile crisis teams, emergency crisis Intervention services and crisis stabilization
- Person-centered and family-centered treatment planning
- Targeted case management
- Peer and family support
- Services for members of the armed forces and veterans
- Care coordination with other providers and systems

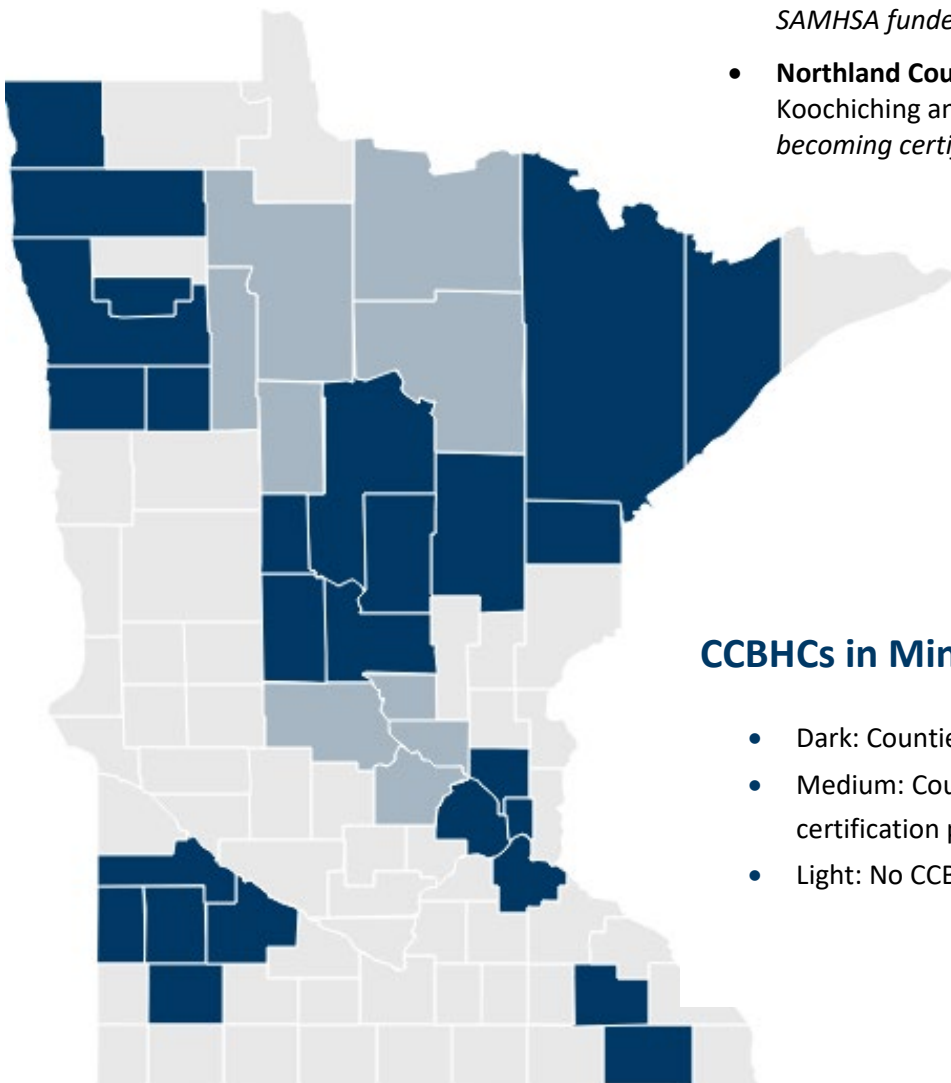
### History of CCBHC

In 2014, the U.S. Congress enacted the Excellence in Mental Health Act, which established a demonstration project to test CCBHCs. In December 2016, Minnesota was chosen to be one of eight states to pilot CCBHC. Since the federal demonstration, the expansion and development of CCBHCs continues to grow.



## CCBHCs in Minnesota

- **Amherst H. Wilder Foundation** (Ramsey)
- **Northern Pines Mental Health Center** (Cass, Wadena, Todd, Morrison, Crow Wing and Aikin)
- **Northwestern Mental Health Center** (Kittson, Marshall, Red Lake, Polk, Norman and Mahnomen)
- **People Incorporated** (Anoka, Dakota, Hennepin and Ramsey)
- **Ramsey County Mental Health Center** (Ramsey)
- **Zumbro Valley Health Center** (Olmsted and Fillmore)
- **Human Development Center** (Southern St. Louis, Carlton, and Lake)
- **Western Mental Health Center** (Lyon, Lincoln, Redwood, Murray and Yellow Medicine)
- **Comunidades Latinas Unidas En Servicio (CLUES)** (Hennepin and Ramsey)—*in process of becoming certified*
- **North Homes, Inc.** (Beltrami, Carlton, Cass, Clearwater, Hubbard, Itasca and St. Louis) —*in process of becoming certified*
- **Central Minnesota Mental Health Center** (Benton, Sherburne, Stearns and Wright) —*in process of becoming certified*
- **Wayside Recovery Center** (Hennepin, Ramsey)—*in process of becoming certified, SAMHSA funded*
- **Northland Counseling Center** (Aitkin, Itasca, Koochiching and St. Louis)—*in process of becoming certified, SAMHSA funded*



## CCBHCs in Minnesota

- Dark: Counties with CCBHC services
- Medium: Counties with clinics in the certification process
- Light: No CCBHC services